

Breakfast Sandwiches


Served on your choice of bagel or English muffin

Pesto Chorizo
fresh cracked all natural egg, chorizo, pickled red onions, wild mushrooms, parmesan cheese and dijon pesto on flatbread

Honey Goat Avocado 
fresh cracked all natural eggs, fresh avocado, pickled red onions, arugula, scallions and honey goat cheese on toasted ciabatta

Short Rib Torta
short rib, fresh cracked egg, tomato, avocado, sriracha, cheddar, pressed ciabatta


Fresh Cracked Egg & Cheese 
add bacon, vegan bacon, or chorizo

Vegan JUST Egg 
vegan egg, vegan mozzarella, pickled red onions, arugula, and chipotle aioli

**replace eggs with JUST Egg or tofu to make vegan*


Breakfast Burritos/Bowls

Served as a burrito or bowl

Spanish Scramble 
3 cage-free eggs or vegan JUST egg, chorizo or impossible sausage, fresh salsa, melted cheddar cheese or vegan mozzarella, black beans, fresh cilantro, pickled red onion and sour cream, and avocado


Harvest Tofu Scramble 
sweet potatoes, pickled red onions, wild mushrooms, kale and organic marinated tofu, topped with basil pesto drizzle

Chorizo Sweet Potato Hash
chorizo, sweet potatoes, red onion, sriracha, fried egg, micro cilantro


Impossi-Burrito 
impossible sausage, vegan JUST egg or fresh cracked eggs, vegan mozzarella or cheddar, scallions, sweet potato, and kale and chipotle mayo in a wheat wrap


**replace eggs with JUST Egg or tofu to make vegan*

Superfood Waffles

Superfruit Waffle 
house made waffle made with quinoa, chia, and flax seeds, topped with fresh strawberry and banana, granola, maple syrup, and house made superfood fudge sauce

Healthy Snacks

Smashed Avocado Toast 
fresh smashed avocado, cucumbers, watermelon radish, red pepper flakes, micro cilantro, tapped with salt and pepper

Vegan Tacos 
spicy tofu scramble, cauliflower, avocado, jalapeno-avocado sauce, fresh lime

Edamame Dumplings 
Dumplings stuffed with edamame, shiitake mushrooms, and cabbage served with house sweet and spicy sauce

NU KITCHEN

NU in french translates to naked. From our organic coffee to our all natural meats, we believe your food, drink, and lifestyle should be free from all the junk. We see the **Kitchen** as the heart of the home, it's a comfortable and welcoming gathering place that brings everyone together.

NU Kitchen pairs our passion for entertaining with our commitment to a healthy lifestyle. We combine wholesome ingredients, mindful preparation, and attentive service to create an uplifting atmosphere. We believe in making healthy food a new adventure; we seek to inspire our community one person at a time.

Eat clean, drink naked.

Ask about our catering!

Whether you're having a small get together or a huge bash, NU Kitchen can take care of your catering needs for any party or occasion.

Events

Look for our regular live music and Paint Nite events.

SOMERVILLE

195 Washington Street
Somerville, MA 02143
617.764.2482

M-F 7:30am-9pm
S 8am-9pm
S 8am-8pm

WORCESTER

335 Chandler Street
Worcester, MA 01602
508.926.8800

M-S 8am-8pm

thenukitchen.com

 Vegan  Vegetarian  Gluten Free

NEWBURYPORT

19-23 Pleasant Street
Newburyport, MA 01950

M-F 7:30am-9pm
S 8am-9pm
S 8am-8pm

Hours subject to change, check thenukitchen.com for most up to date hours.

NU KITCHEN

menu



order online at
thenukitchen.com

Juices

16oz | 24oz

Mighty Beets
beet · lemon · ginger · carrot · cucumber

Belly Bliss
apple · carrot · ginger

Mean & Green
apple · kale · avocado · cucumber

Vita C
orange · pineapple · ginger · carrot

Sweet Beach
pineapple · apple · cucumber · mint

Real Fruit Smoothies

16oz | 24oz

Strawberry Banana
strawberry · banana · froyo · fresh apple juice
oat milk · agave

Berry Fusion
strawberry · blueberry · froyo · fresh apple juice
oat milk · agave

Blue Monkey
blueberry · banana · froyo · fresh apple juice
oat milk · agave

Tropical Sunset
strawberry · mango · coconut · bananas · froyo
pineapple juice

Coffee & Tea

Iced: 16oz | 24oz Hot: 12oz | 16oz

Organic Coffee
Cold Brew

Hot & Iced Tea

Matcha
Espresso & Latte

Craft Beer, Wine & Cocktails*

See store for rotating list

*Cocktails at Somerville location only

Please let us know if you have any food allergies before placing your order.

Supercharged Smoothies

16oz | 24oz

Good Morning
blueberry · banana · granola · peanut butter
fresh apple juice · oat milk · chia seed

Cacao Cold Brew
cacao · cold brew · peanut butter · banana · froyo
dates · cinnamon

Health Nut
banana · spinach · kale · almond · flax seed · almond milk

Muscle Machine
cacao · peanut butter · banana · milk · flax seed · whey protein

SoCal Berry
organic acai · strawberry · blueberry · fresh apple juice
oat milk · agave

Hawaiian Beach Bowls

Oahu Acai Bowl
organic acai, bananas, topped with strawberry, banana, granola, toasted coconut, cacao nibs, and honey

Maui Acai Bowl
organic acai, bananas, topped with pineapple, strawberry, granola, toasted coconut, local peanut butter, and house made superfood fudge sauce

Kauai Acai Bowl
organic acai, bananas topped with dried blueberries, bananas, granola, almonds, chia seeds, and honey

Supplements

Whey Protein	Chia Seeds	Cacao
All Natural	Flax Seeds	Vegan Protein
Peanut Butter		

Vegan Vegetarian Gluten Free

All sauces are 100% dairy free and gluten free.

Soups

Tuscan Tomato **Soup Special**

Burgers

Served with kettle chips or spicy cucumber salad

Veggie Burger
10 Veggie Burger, pickled red onions, arugula, chipotle aioli, and fresh avocado on toasted ciabatta bread

Beyond Burger
Beyond Burger, fresh grilled pineapple, lettuce, pickled red onions, house special sauce on toasted ciabatta

Stuffed Turkey Burger
all natural turkey stuffed with roasted red peppers, scallions, and goat cheese, topped with romaine, tomato, pickled red onions, and a fried egg on toasted ciabatta with chipotle aioli

Salmon BLT
tender salmon, bacon, avocado, tomato, steamed spinach, topped with a dash of sriracha on ciabatta

Gluten free bread available for all burgers

Sandwiches & Wraps

Served with kettle chips or spicy cucumber salad

Banh Mi
slow roasted short rib **or** roasted tofu, wild mushrooms, pickled carrots and cucumbers, fresh cilantro, with chipotle aioli and a dash of sriracha on toasted ciabatta

Short Rib
slow cooked short rib **or** roasted tofu, wild mushroom mix, pickled cucumbers, melted cabot cheddar, and dijon pesto pressed on ciabatta

Southwest BLT
bacon **or** vegan bacon, lettuce, tomato, pickled red onion, avocado, chipotle mayo, sriracha, on local wheat bread

Turkey Bacon Avocado Wrap
all natural roasted turkey, nitrate-free bacon, avocado, topped with fresh cilantro, crisp romaine, and chipotle aioli on a wheat wrap

Buffalo Kale Chicken Wrap
roasted chicken **or** vegan chicken, kale and romaine lettuce, crispy chickpeas, shredded parmesan, and a drizzle of buffalo sauce tossed in our garlic ginger dressing on a wheat wrap

Chicken Caesar Wrap
romaine, chicken **or** vegan chicken, parmesan/vegan mozzarella, cherry tomatoes, pickled carrots and red onions, crunchy chickpeas, and house made caesar on a wheat wrap

Gluten free bread available for all sandwiches

Paninis

Served with kettle chips or spicy cucumber salad

Pesto Chicken
all natural chicken **or** vegan chicken, pesto, sliced tomatoes, pickled red onions, spinach and melted mozzarella **or** vegan mozzarella grilled on flatbread

Sweet Potato
roasted sweet potato, wild mushrooms, pickled red onions, cheddar, sweet mustard, arugula, pressed on ciabatta

Turkey Avocado
roasted turkey, fresh sliced avocado, pickled red onions, melted mozzarella, baby spinach, and chipotle aioli on crisp flatbread

Gluten free bread available for all paninis

Super Grains

Curried Cauliflower Bowl
organic brown rice and quinoa, steamed kale, pickled carrots and onions topped with garlic ginger dressing, curried cauliflower, almonds, dried blueberries

Chipotle Avocado and Lime Bowl
organic brown rice and quinoa, steamed kale, corn, black beans, fresh salsa, and avocado topped with our spicy chipotle lime dressing

Banh Mi Bowl
organic brown rice and quinoa, arugula, wild mushrooms, pickled carrots, cucumbers, and onions, chipotle soy aioli, avocado, sesame seeds

Buddha Bowl
organic brown rice and quinoa topped with marinated oyster mushrooms, sweet potato, steamed spinach, pickled carrots, avocado, scallions, sesame seeds, and our garlic ginger sauce

Salads

Southwest
avocado, fire-roasted corn, cilantro, black beans, fresh squeezed lime, tomato, and tortilla strips served over crisp romaine with a chipotle lime dressing

Kickin’ Cauliflower
shredded kale, romaine, parmesan, roasted cauliflower, avocado, buffalo sauce drizzle, and crispy chickpeas with a side of our garlic-ginger sauce

Kale Caesar
kale, romaine, cherry tomatoes, pickled red onions, pickled carrots, crunchy chickpeas, watermelon radish, parmesan and our caesar dressing

Proteins

Add to your grain bowl or salad

Roasted All Natural Chicken (\$3)

Agave Sriracha Organic Tofu (\$2.50)

Roasted Wild Mushroom Mix (\$3)

Slow Cooked Angus Short Rib (\$5)

Slow Cooked Salmon (\$4.50)

Vegan Chicken (\$4.50)

Beyond Burger (\$4)